



PE Curriculum

All curriculums at Hollymount are founded on the Hollymount Big Picture Curriculum. However, each subject will have specific aims, a coherent progression of skills and knowledge and explicit outcomes for children. These are outlined below.

Purpose of the Curriculum

PE sessions are built to give confidence and improve technical skills to all children at Hollymount. These skills are developed by not only teachers but also a qualified sports coach. In addition to learning how to play a range of sports, pupils also learn about team building, leadership of others and respecting the rules of how to be 'a good sport'. As the children develop a love for the game, strong emphasis is placed on giving all children opportunities to participate in competitive games against each other and a range of schools in the borough.

Progress of skills and knowledge for EYFS, KS1 and KS2

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Introduction to P.E.	Introduction to P.E.	Introduction to P.E.	Introduction to P.E.	Sports Day Preparation	Sports Day Preparation
Reception	EYFS - Get Set P.E. Scheme	EYFS - Get Set P.E. Scheme	EYFS - Get Set P.E. Scheme	EYFS - Get Set P.E. Scheme	Sports Day Preparation	Sports Day Preparation
Year 1	Multi-skills & Fundamentals	Multi-skills & Fundamentals	Multi-skills & Fundamentals	Tag Rugby & Multi-skills	Tennis & Multi-skills	Athletics/Sports Day Preparation
Year 2	Fitness & Multi-skills (Catch-up P.E.)	Multi-skills & Fundamentals	Tag Rugby & Multi-skills	Hockey & Multi-skills	Tennis & Cricket Skills	Athletics/Sports Day Preparation
Year 3	Fitness & Multi-skills (Catch-up P.E.)	Hockey & Multi-skills	Multi-skills & Fundamentals	Tag Rugby & Multi-skills	Striking & Fielding (Tennis/Cricket/Rounders)	Athletics/Sports Day Preparation
Year 4	Fitness & Multi-skills (Catch-up P.E.)	Tag Rugby & Multi-skills	Netball/Dodgeball	Hockey	Striking & Fielding (Tennis/Cricket/Rounders)	Athletics/Sports Day Preparation
Year 5	Fitness & Multi-skills (Catch-up P.E.)	Netball & Multi-skills	Hockey	Invasion Games: Basketball & Football	Striking & Fielding (Tennis/Cricket/Rounders)	Athletics/Sports Day Preparation
Year 6	Fitness & Multi-skills (Catch-up P.E.)	Invasion Games: Basketball & Hockey	Tag Rugby	Invasion Games: Netball & Football	Striking & Fielding (Tennis/Cricket/Rounders)	Athletics/Sports Day Preparation



PE progression of skills assessment grid for each individual sport provided by Merton School Sports Partnership

Impact on children

Attainment and Progress in standards	Responsible and Respectful Global Citizens	Hollymount Values	Success in their next stage in education	Confidence and independence
<p>High quality physical education teaches students the knowledge, skills, and confidence to be physically active for a lifetime. At Hollymount focus is placed on the head, heart and hands assessment from the Merton Primary PE Schemes of Work Assessment Criteria.</p> <p><u>HEAD</u> Creativity Understanding Decision Making</p> <p><u>HEART</u> Fair Play Leadership Social</p> <p><u>HANDS</u> Fitness Physical Literacy</p>	<p>Physical education at Hollymount improves alertness of mind and concentration from the children. As a result a child feels more self-confident and can easily tackle any problem, helping in building up responsible and respectful young global citizens.</p>	<p>A high-quality physical education curriculum at Hollymount inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities thus promoting courage, responsibility and appreciation. It does provide opportunities for pupils to become physically confident in a way that supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect. Playing and developing together as a team contributes to the children’s wellbeing through happiness and creating lifelong friendships.</p>	<p>Physical education in primary school is essential to the development of fine and gross motor skills and the enhancement of reflexes. Hand-eye coordination is improved, as well as good body movements, which helps in the development of a healthy body posture. Physical education teaches students the importance of physical health which they can then take into their next stage of education.</p>	<p>Physical education at Hollymount fosters feelings of competency through success, which is a key component of self-esteem. Playing sports at Hollymount also improves teamwork skills, which foster positive relationships between peers. Physical education can improve student health and self-body image, leading to increased self-confidence and wellbeing.</p>